



hands in motion

AMERICAN MASSAGE THERAPY ASSOCIATION UTAH CHAPTER

president's message



"I've learned that it is impossible to accomplish anything worthwhile without the help of other people."

— *H. Jackson Brown, Jr.*
at age 82

I can't believe how fast this year has gone by. I hope everyone had a great summer, and I look forward to the Holidays.

Your board members met on the first weekend of November, to work on the budget for next year, and I have to say "WOW". The classes we have lined up for you are amazing. Starting with Convention in February, you will be able to get your certification in CPR/First aid. There will be a cold stone class which includes Face Toning. "I know, sign me up", body gravity has not been my friend. We are planning an Oncology class in March, where you will be certified to do massage on cancer patients. How cool is that! The Dynamic Foot in June, Side Lying Massage in September. Ever wonder how to get your "FREE" website up and running or market yourself on social media? Come take the free class, Social Networking as a business tool in November. You will be walked through, step by step, on your laptop or electronic device.

I also want to say that we are all a small part of a bigger picture, whether it is our family, work, friends, education or AMTA. Without you our picture is incomplete. I am here to help you receive the full AMTA experience. When the electronic ballots come out I want to encourage the Professional Members to vote. This is your organization and voting is your voice.

Thank you so so much,

Robyn Ryther

rryther@comcast.net

mission statement

The mission of the Utah Chapter of the American Massage Therapy Association is to advance the art and science of massage therapy as a visible means of treatment and preventative practice; and to foster the professional practice of massage therapy in a virtuous, prudent, and proficient manner so as to maintain the good health and well-being of the citizens of Utah



come grow with us

at the AMTA Utah Chapter 2015 Convention

Location: Miller Conferencing Center
9750 South 300 West, Sandy, UT 84070 • (801) 957 – 5296

Schedule for Day #1, Friday, February 6, 2015

8:00-9:00	Registration, Continental Breakfast, Ice Breakers
9:00-12:00	Class #1: CPR/First Aid Certification Certification by American Red Cross Class #2: Cold Stone/Migraine Therapy
12:00-12:15	Break for lunch setup
12:15-2:45	Lunch and Annual Meeting Keynote Speaker: Karie Huzzey, Jive Communications Topic: "Building Solid Work Relationships by Growing with AMTA"
2:45-3:00	Break for Class setup
3:00-6:00	Class #1: Continuation of CPR/First Aid Certification Class #2: Continuation of Cold Stone/Migraine Therapy
6:00-6:15	Class evaluations
6:15	End of Day #1

Schedule for Day #2, Saturday, February 7, 2015

8:00-9:00	Registration, Continental Breakfast, Ice Breakers
9:00-12:00	Class #1: Full Body Chair Massage Class #2: Face Toning
12:00-12:15	Break for lunch setup
12:15-1:15	Lunch
1:15-1:30	Break for Class setup
1:30-5:00	Class #1: Continuation of Full Body Chair Massage Class #2: Continuation of Face Toning
5:00-5:15	Class evaluations
5:15	End of Day #2 and End of 2015 Convention

**Continental Breakfast and Lunch included in price of Convention
You may bring one guest to lunch on Day #1 at the cost of \$25.00 for their ticket.*

***There will be door prizes and drawings each day, so make sure that you are in attendance!!*

convention presenters

Karie Huzzey:

Karie Huzzey is the National Executive Director, Affiliate Program at Jive Communications in Orem, Utah. Jive Communications provides enterprise-grade Hosted VoIP and Unified Communications to businesses and institutions. Jive is rapidly becoming the standard for business communications worldwide. Karie is also a member of the American Fork Chamber of Commerce and Women in Business Coalition. Karie has spoken to many groups about building relationships in the workplace. We look forward to hearing what she has to share with us about building relationships with our clients and with other massage therapists.

Kelly Lott, LMT:

Recently voted into the Hall of Fame for the World Massage Festival, and a nationwide certified massage instructor through The National Certification Board for Therapeutic Massage and Bodywork, Kelly Lott graduated from the Chicago School of Massage in 1991, and has 23 years of experience in her professional practice.

Kelly has an extensive background teaching all over the country with her proprietary product, Migraine Miracle® -- Cold Stone Therapy for Migraine Headaches, and has invaluable experience with Pregnancy Massage, Infant massage, Face Toning and Spa treatments. Kelly is also a Doula, and has had the absolute joy and honor to help birth 10 beautiful children.

In September 2013, Kelly Lott was invited to Migraine Miracle at the National Conference of the American Massage Therapy Association.

Married for 23 years to her wonderful and supportive husband Gary, Kelly also lives with their beautiful dog Molly in Fort Worth, Texas.

Kelly will be presenting both her Migraine Miracle and her Face Toning classes at our 2015 Convention for AMTA-Utah.

Meade Steadman, LMT:

Meade Steadman is a Licensed Massage Therapist and Instructor for the Myotherapy College of Utah. He is also the featured expert in many award-winning instructional videos on various massage modalities. He has been a guest lecturer at the University of Utah, and has been published in a Massage Therapists's Guide to Pathology (4th Edition) and Massage and Bodywork Magazine.

In addition to CE Courses, Meade is the featured expert in many award-winning videos produced by Aesthetic VideoSource. The Art & Practice of Stone Massage received a Bronze Telly Award; Bronze Summit Award; Silver Davey Award; received a 10 out of 10 rating in Massage Today; was showcased in Skin, Inc., and was featured in Spa Management.

***NOTE: All classes are 6-hour NCBTMB continuing education credits, with the exception of CPR/First Aid.*

AMTA – UTAH CHAPTER educational event

DATES: March 12, 13, and 14, 2015 (Thursday, Friday, and Saturday)

CLASS: A 3-Day In-depth Intro to Oncology Massage & Certification

INSTRUCTOR: Lauren Muser Cates, CMT/LMT, NCBTMB

COST: AMTA Students and AMTA Members = \$288.00 Non-members \$480.00

The course manual and PowerPoint slides used in the course may be purchased on the first day of class for \$25.00.

REGISTRATION: Register online at AMTAUTAH.ORG.

CEU's: 24 hours, NCBTMB approved

description: I am pleased to partner with AMTA Utah Chapter to bring this 3-day introduction to oncology massage to the west. This course will provide students with the basic skills they need to start making smart, safe decisions when working with people who have been affected by cancer. This course will prepare therapists who want to specialize in oncology massage for additional, more comprehensive oncology massage training while also providing a basic level of skill and familiarity necessary for therapists who do not plan to specialize, but simply want to be prepared for those times when clients affected by cancer show up on their tables. Our time together will conclude with an opportunity for students to put their new skills to work as they provide a supervised full body, one-hour, client-centered oncology massage sessions with an actual client affected by cancer. Whatever your level of interest in oncology massage, this course is for you!

8:00 a.m. – 12:30 p.m.	Registration and Class (8:30 class time on day #2 and 3)
12:30 p.m.-1:30 p.m.	Lunch Break (lunch on your own)
1:30 p.m.-5:30 p.m.	Class resumes Break schedule to be determined.

location: This class will be held at Residence Inn by Marriott at
171 East 5300 South, Murray, UT 84107
(801) 262-4200.

Rent a room for \$133.99 per night taxes included.

recommended reading: *Medicine Hands: Massage Therapy for People with Cancer* by Gayle MacDonald, MS, LMT (be sure to get the 3rd edition! . . . It's the newest!) If you plan to practice oncology massage after the course, this textbook is a truly indispensable reference resource, even if you purchase the manual that is specific to this course. Students will have an opportunity to purchase a course manual, including PowerPoint slides used in the course, for \$25 on the first day of class.

topics covered

- *Common cancer treatment protocols
- *Side effects
- *Surgical interventions

what to bring:

- *Two complete changes of sheets (one for exchanging with fellow classmates and one for the "clinic" on the last day of class).
- *No less than 2 pillows (3 is ideal)
- *Massage table
- *Unscented lotion (no oil)
- *Pencil/pen and paper/notebook
- *An open mind, a forgiving heart and a sense of curiosity and fun
- *Professional clothing for the last day of class ("clinic"); no scrubs, please

biography: In 2003, massage therapy found Lauren Cates like a needle in a haystack. She had never had a massage before she went to massage school. If you had told her 10 years ago that she would be making her living providing massage for people with cancer and traveling the United States teaching others how to do it, too, she would have laughed in your face. . . .politely, of course. She served from 2005-2009 as the Clinical Supervisor for Hospital/Oncology Massage at The Teal Center at Virginia Hospital Center in Arlington, VA, and served as the president of the Society for Oncology Massage (www.s4om.org) from early 2010 through late 2014. Lauren has an active private practice in addition to her duties providing and supervising massage for medically complicated, oncology and end of life patients at both Virginia Hospital Center and Children's National Medical Center with a non-profit organization she co-founded in 2010, called Healwell. She has participated in adult and pediatric oncology massage research, including writing practical protocols, and she co-teaches a 9-day in-hospital training course for massage therapists that provides a unique opportunity to work directly with inpatients in the ICU, oncology and acute rehabilitation units. Lauren also writes a blog at www.lighthold.org.

note: Lauren Muser Cates is part of the Society for Oncology Massage (S4OM) along with Bruce Hopkins, Gayle MacDonald, and Tracy Walton. S4OM was created to give massage therapists minimal and advanced standards for working with clients living with cancer. We are very grateful to have the opportunity to have Lauren teaching us this beginning course in oncology massage.

Register for this class online or with a Print & Main-in Form by going to the website www.amtautah.org!

come **grow** with us

at the AMTA Utah Chapter 2015 Convention

convention **registration** form

February 6-7, 2015

NAME First* _____ Last* _____

Address* _____

City* _____ State* _____ Zip* _____

Check One*: Cell Home Work # _____

Email address _____

Membership Type (Check One)* Professional/Active Student/Graduate Non-AMTA Member

Registration Options

Circle Appropriate Price Professional / Student / Non-AMTA

- | | |
|--|---------------------------|
| <input type="checkbox"/> Class 1 1-Day CPR/First Aid | \$80.00 / 95.00 / 110.00 |
| <input type="checkbox"/> Class 2 1-Day Cold Stone/Migraine Therapy | \$90.00 / 100.00 / 120.00 |
| <input type="checkbox"/> Class 3 1-Day Face Toning | \$90.00 / 100.00 / 120.00 |
| Take \$15.00 off if you sign up for Class 2 and 3 | \$165.00 / 85.00 / 105.00 |
| <input type="checkbox"/> Class 4 1-Day Full Body Chair Massage | \$90.00 / 100.00 / 120.00 |
| Lunch and Annual Meeting | Free |
| Lunch and Annual Meeting with Guest | \$25.00 |

Guest Name _____

Postmarked after January 24, 2015 add \$25.00

Total \$ _____

***Meal Options:** Chicken Vegetarian

*Required fields .

Send check for full amount and registration form to:

AMTA Utah Chapter
c/o Robyn Ryther
3699 South 4565 West
West Valley City, Utah 84120

Register now and save yourself the \$25.00 late registration fee! You may also register online at www.amtautah.org

bodywork connections group

The Utah County Bodywork Connections Group will be hosting a lunch to discuss business practices at the new Lehi Chuck-A-Rama located at 1050 East Main Street (phone # 801 766-0509) on Friday, December 12, 2014, at 12:30 p.m. All Utah County massage therapists are welcome as well as any massage therapists interested in starting a networking group of massage therapists in their area. Please RSVP to Brenda Swadley at (801) 763-9417 by December 11th if you plan to attend.

AMTA national convention delegates report

In the past year the HoD lost a few of the long time members who have volunteered considerable time and made the AMTA a better organization. We started the meeting with a moment of silence and a very short slide show. There was a different feel to the meeting, a mix of sadness that these people were no longer with us and joy that they made the HoD what it is today. Lee Stang did a spectacular job of stepping into Dan Barrow's shoes as moderator. This can be a very demanding position, let alone when the debate on a Position Statement (P.S.) or Recommendation is in full swing.

Thank You Utah AMTA members for electing me to the honorable position of alternate delegate. You should know Stephanie Jackson did a great job as delegate. She was unable to represent you at the meeting but she shined in the forum (an online chat for the delegates to discuss Position Statements and Recommendations prior to the HoD meeting) writing beautifully and very concisely expressing her opinions and backing them up with citations. In fact I think Stephanie's posts made a difference in how the vote went on "Massage Therapy can improve health and wellness through its effects on the physical, mental, and social wellbeing of an individual." As a coauthor I was discouraged from making comments on the forum unless directly asked. Stephanie said just about everything I wanted to, she is an eloquent writer. I had the Honor of presenting the position statement I was lead author on, "Massage Therapy can improve health and wellness through its effects on the physical, mental, and social wellbeing of an individual."

Special thanks to my amazing co-authors Sabrina Lopez and Anne Blair Kennedy for all of their research, time, and dedication to this Position Statement. On my way back to my seat someone called the question and to my excitement it was immediately seconded. (I have been told this never happened before, although my memory was that another position statement passed years ago with little or no discussion.) The delegates voted to vote on the P.S. with no discussion and to my delight it passed.

**Position Statement #1:
Massage for Health and Wellness
Total for: 115
Weighted for: 42062
Total against: 20
Weighted against: 10208
Requires 2/3 majority weighted at:
36222
Motion passed.**

Next up was Portability. "It is the position of the American Massage Therapy Association (AMTA) that regulations, in statute and/or rules, should provide options for portability of credentials which meet the required licensing, certification, or registration of massage therapists across the United States." One main objection to this P.S. was that one or two of the states listed as not having licensing, promulgated (enacted) state licensing requirements between the time it was written and the time of the meeting (roughly a 6-8 month time frame). The other main objection to it was that the profession does not have consistent educational standards from school to school let alone state to state. This would also require many other kinks to be worked out and that the Commerce clause be rescinded. This left me thinking a reminder of the con-

cept of Position Statements would be useful, so I went up to the speaker and spoke for it. Asking that this pass, first reading the definition "A position statement lets people know where you stand on a topic or debate. It can be used in a variety of areas like policy, literature, ethics, and legislation." Then adding that "This year the HoD should empower their elected leaders of our professional organization to make this statement an official statement of the AMTA." If our Nationally elected leaders have a Position Statement such as this, they can argue for and work on removing the road blocks or obstacles that prevent portability from being a standard in our profession. Unfortunately, it still did not pass.

**Position Statement #2
Proposal on Portability
Total for: 80
Weighted for: 30647
Total against: 60
Weighted against: 23685
Requires 2/3 majority weighted at:
36222
Motion does not pass.**

The 3rd Position Statement to be presented, discussed and voted on was Burns. "It is the position of the American Massage Therapy Association (AMTA) that massage therapy can assist in the rehabilitation of burn scars." The two objections noted were that research study groups were too small and Massage Therapist's without proper training will work on clients and do harm. I and many others felt the research was strong. It is possible that a therapist without proper training would work on someone in which case they should be brought before DOPL or whoever their state board is, as they should be for working outside their

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training with any specialized population. Again I went to the "For" microphone. "I do not know of a single state that includes in their legislation or regulations a minimum amount of hours or training to work with burn scars. There are usually statements that you have to be trained or competent to practice but it goes back to our Standards of Practice and ethics. Who was the first person who did this before they had classes and figured out it worked? We have pioneers in a wide variety of specialty areas like geriatrics, prenatal, and oncology before there were any classes available. That is part of the beauty of our profession. That is not to say that now that research based training is available one should not get training, they should get a solid base of training and work with a medical team. The fact that we have many therapists not trained for this specialty does not negate the fact that there is good research and demonstrated benefits that massage therapy is beneficial to burn scar survivors. Now that education is available more and more massage therapists are beginning to work and succeed in this area therefore more and more people are experiencing this benefit."

This could be paraphrasing with the excitement in the room. While I was well prepared and had this pre-written, when standing at the microphone a word or two may have been changed, as with each time I spoke.

**Position Statement #3
Proposal on Therapeutic Massage
for Burn Scars**

Total for: 85
Weighted for: 31312
Total against: 54
Weighted against: 22719
**Requires 2/3 majority weighted at:
36222**
Motion does not pass.

SC Recommendation: Remove the financial responsibility of funding Delegates' attendance to the House of Delegates from the

State Chapters' budgets.

This recommendation has to do with budget cuts to chapters and the frustration Chapters are feeling trying to meet National and member expectations with a smaller budget. A lot of the discussion was on the question "does that make delegates then National volunteers' or are they still Chapter volunteers?" Where would the voting then have to happen? If made national, would other states be able to vote for your states Delegate(s)? National has proven their commitment to and the importance of having chapter representation through the support they provide the five smallest chapters if they apply for assistance for their delegate to attend National convention. Yes, it is difficult for some chapters to have such a large cut to the budget. But removing the Chapter budgeting to send their delegates to National convention to represent them would also take away from Chapters what a true delegate is. A delegate is the voice of that Chapter on a national scale.

SC Recommendation
Total for: 96
Weighted for: 35688
Total against: 44
Weighted against: 18644
**Requires majority weighted at:
27167**
Motion passed.

WA Recommendation: Remove the responsibility of generating and approving Position Statements on the clinical efficacy of massage from the House of Delegates to another group and encourage them to instead discuss issues that relate to the actual practice of massage therapy.

This recommendation leaves me miffed as I feel that Position Statements ARE related to the actual practice of massage therapy. What group will they be moved to that could possibly be more invested or capable than the current process involves? We already have the position statements vetted by the Position Statement Review Commission (PSRC), staff, legal, and the Massage Therapy Foundation. It would be

inappropriate for another organization to write the position statements that we adopt in our organization. The author suggested that delegates "discuss issues that relate to the actual practice of massage therapy." I can understand discussing additional issues on the forum, there is already a forum for presidents to do that. However, I do not want to see the HoD become a coffee clutch, as I believe we take on very serious and important business. There were delegates that expressed they were insulted by this recommendation because the author expressed that the choice if the HoD should be addressing Position Statements at all should be a conscious choice. Myself, and other delegates have taken on this position because we enjoy reading and evaluating research, and this is not only the job of a delegate, but one of the most important jobs of the HoD. I was glad to see the overwhelming response in the room from delegates of multiple chapters who felt they needed to speak at the microphone to openly disagree with this recommendation. The importance of keeping this responsibility in the House of Delegates was shown when this recommendation went down in flames at the final count of votes. I was pleased with the response from other delegates as I have been a long-time volunteer member of the Position Statement Review Commission (PSRC) and have spent many weeks investing a significant amount of my time reading, evaluating, and discussing the research cited. No member should undertake a delegate position without researching the skills needed to fulfill their duties as a delegate. If they do not feel their current skills are adequate, there are many options available to prepare them to meet the needs of this position. National provides links on their website to assist with delegate training, which typically includes a research class that is offered at National Convention. I believe that if delegates take the time to prepare for their position utilizing the tools already available

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to them through multiple sources including their delegate packet, they can be prepared to provide the skills required of a delegate in this important process of understanding and voting on Position Statements.

WA Recommendation

Total for: 14

Weighted for: 8457

Total against: 126

Weighted against: 45875

Requires majority weighted at: 27167

Motion does not pass.

CA Recommendation: Each Chapter may determine the amount of its Chapter Fee and how to request/acquire said Chapter Fee via mandatory assessment, opt-out contribution, opt-in contribution, or as unnecessary.

There were many discussions of this hot topic issue. The recommendation process, should it pass the HoD, then goes before the national board for their consideration. This is the equivalent of writing a letter signed by multiple members to the National Board. As the National board has recently taken away chapter fees, I did not see a reason for this recommendation as the board alone will decide if they even review a recommendation from the HoD. I understand this has been recommended to express that for chapters to meet national and members expectations, some (such as ours) need a larger budget. Based on the recent removal of chapter fees by the National Board, the only way currently available to the chapters to increase their budget is to increase their Professional membership numbers and to get those Professional members interested in attending chapter funded classes to prevent the chapters from losing money on the continuing education that is offered. It saddens me that chapter fees have become such a large issue.

CA Recommendation

Total for: 126

Weighted for: 48946

Total against: 13

Weighted against: 4839

Requires majority weighted at: 27167

Motion passed.

*Susan DeLegge, LMT CDT/MLD,
AMTAUT Chapter Delegate*



delegate report for 2014 national convention in denver, colorado

by Brenda Swadley

In 2014, for the second consecutive year, the delegates have posted, on the chapter website, information on the position statements and/or recommendations to be voted on at the upcoming AMTA National Convention. After these have been posted, surveys for the membership have been posted to obtain input from members on how they feel about the position statements and recommendations.

For 2014, there were three position statements and three recommendations presented at the House of Delegates (HOD). The recommendations pertaining to chapter fees and funding for delegates' attendance to the House of Delegates each passed in the HOD and will be submitted to the AMTA National Board of Directors for their decision. The recommendation on position statements by Tom Whitmore of the Washington Chapter did not pass in the HOD.

This year was singular in that the HOD considered a position statement where the originator was Susan DeLegge, a member of the Utah Chapter AMTA. This position statement on massage for health and wellness passed the HOD without having to be debated, which was also a singular occurrence. After Susan presented the position statement to the HOD, a delegate "called the question" to proceed without debate. Then a delegate "called the vote" and the position statement was approved with a total of 115 votes in favor and only 20 votes against.

The position statement proposals on portability and on therapeutic massage for burn scars failed to pass the HOD. The strongest objection regarding the position statement on therapeutic massage for burn scars was concerning the skill level of therapists who would work with these clients. Massage therapists working with burn survivors need to have a high level of competence to work with this particular population.

This year the scheduling was different for the HOD. Rather than two consecutive afternoon meetings of the HOD, the work of the HOD was conducted in a session from 1:00p.m. to 7:00 p.m. on Wednesday afternoon and continuing into the evening. I found this new session time preferable as it seemed to have a better flow without having to end a session then reconvene the following day.

Thank you for allowing me the opportunity to serve as a delegate for the Utah Chapter AMTA. It was a great learning experience with exposure to views of other massage therapists in our organization.

utah chapter AMTA elections 2015-2016

your chance to vote!

your opportunity to run!

Find out who your new Board Members and Delegates are at the Annual meeting of the Utah Chapter State Convention on Friday, February 6, 2015 during lunch. Online elections will be held before the Annual meeting for the following positions:

- 1st Vice President
- 3rd Vice President
 - Treasurer
 - Delegate
- 2 Alternate Delegates

All candidates must complete the candidate application form, sign the Chapter Volunteer Code of Conduct Form found at <http://www.amtautah.org/files/Code%20of%20Conduct%20-%20Chapter%20Volunteer%20Form.pdf> attach a resume to be emailed before the deadline of December 20, 2014, and sent to:

Corey Christensen corey@sacredcovemassage.com

job duties

Utah Chapter Vice Presidents (1st, & 3rd)

Duties – In the absence of the President, presides in their respective order as Chapter President pro-tem. In the event of a vacancy in the office of President, succeed to that office for the unexpired term in their respective order.

Serve as chair of standing committees and or assume assignments as directed by the Chapter President and or Board of Directors.

Utah Chapter 1st Vice President

presently includes responsibility/supervision of:

- Newsletter Editor
 - Website Coordinator
 - Finance Committee
 - Sports Committee
 - Education Committee
 - Chapter Convention Committee
 - Government Relations Committee
- 2-year term, elected in odd years (2013-2015...)

Utah Chapter 3rd Vice President

responsibility/supervision of:

- To Be Determined
- 2-year term, elected in odd years (2013-2015...)

Utah Chapter Treasurer

2-year term, elected in odd years (2013-2015...)

The Chapter Treasurer serves as the financial coordinator and serves the chapter by ensuring the integrity of the fiscal affairs of the chapter through maintenance of accurate financial records of the chapter.

The Chapter Treasurer is responsible to conduct the day-to-day financial affairs of the Chapter under the direction of the Board of Directors, hold responsibility for chapter finances and keep an accurate record of all income and disbursements. Has experience in bookkeeping, accounting or finance.

Delegate (1 position)

2-year term, elected in odd years (2013, 2015...)

Delegates represent the Utah Chapter at AMTA National conventions. The responsibility of the delegates is to represent the views of the Utah chapter and to vote on topics regarding AMTA National By-Laws and position statements.

Delegates expenses are reimbursed only for attendance at the House of Delegates meeting at the National Convention, including transportation, lodging and meals. Convention registration fees and additional days/nights of lodging are optional and are the responsibility of the delegate.

Alternate Delegates

Elected each year for a 1-year term

Alternate Delegate assumes duties of a Delegate when that delegate is unable to attend meetings or perform duties.

AMTA Utah Chapter – 2015 Elections

candidate application and resume

PLEASE PRINT in dark ink or type your responses. You may use additional paper on your resume to answer questions.

PLEASE EMAIL A COPY OF YOUR RESUME, PICTURE, AND BIO WITH THIS FORM TO corey@sacredcovmassage.com.

I AM SEEKING THE FOLLOWING POSITION:

- 1st Vice President (2-Year Term) 3rd Vice President (2-Year Term) Treasurer (2-Year Term)
 Delegate (2-Year Term) Alternate Delegate (1-Year Term)

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Fax _____ Email _____

Employer Address _____

of years practicing massage therapy # of years as AMTA member _____

Massage school attended _____

Address of massage school _____

Number of hours completed for graduation _____ Graduation Date _____

Massage License # _____

Other Education _____

List AMTA Chapter or National office held and/or committee work (include dates) _____

ATTACH BIO/STATEMENT OF INTENT (list community of professional experience that will enhance your ability to serve—strengths and qualifications that you would bring to this position and how you see yourself contributing. Why do you think you're a good candidate for this position?)

Are you able to commit to the entire term of the office you are seeking? yes no

Are you willing and able to commit the time needed to get the job done? yes no

Your signature below indicates that if you are elected for this office, you are able and agree to serve for the prescribed term of office, that the information provided here is accurate and that permission is granted for the verification of this information.

Signature _____ Date _____

Email this form to: Corey Christensen, corey@sacredcovmassage.com no later than DEC 20, 2014

**TO ENSURE THAT ALL CANDIDATES MEET QUALIFICATIONS FOR A CHAPTER POSITION,
ONLY APPLICATIONS RECEIVED BEFORE THE DEADLINE WILL BE ON THE BALLOT.**

welcome new members

On behalf of the Board of Directors, welcome to the Utah Chapter of the AMTA. Feel free to contact any Board Member if you have any questions or concerns regarding your membership. In your welcome packet, you will find helpful information regarding your membership and the Chapter. Use your gift certificate toward any upcoming education class.

Glad to have you aboard.

Carolyn Redington, Membership Chair. • 801-661-7602 • bodybasics2@msn.com

July 2014

Jamie Baird
ReBecca Campos
Danielle Hancock
Samantha Harker
Roe Jenks
Chaska Johnson
Angie Kohles
Nathan Losee
Melissa Marshall
Jamie Thornton

August 2014

Aaron Ahonen
Stephanie Aldred
Alexander Anderson
Sarah Arters
James Aured
Tiffany Baker
Natasha Barnes
Nova Beard-Taylor
Cassandra Bingham
Sierra Boster
Gabriel Bran
Liana Brodberg
Sidney Brown
Mindy Brown
Carissa ryant
Kathleen Bundy
Alysia Byington
Joshua Bytendorp
Kodi Christian
Koti Chritian
Cameron Cluff
Matte Cole
Jose Cortez
Heather Countryman
Kristin Cowan
Lynn Dean
Peter DeGraffenried
Paula Delgado
Michelle DeLong
Joseph DiBennetto
Julie Fairbanks
Marisa Ferguson
Lorena Fernandez
Gabriel Garcia
Pablo Garcia
Megan Gardner

Tyson Gee
Samantha Hansen
Lindsay Heath
Austin Heaton
Derek Horne
Bijan Hosseini
Christopher Howard
Marie Hunt
Nancy Hunt
Rachel Innis
Markelle Jacobsen
Terah Jamison
Colby Johnson
Carolyn Judd
Jamie Kinsley
Samantha Kuehl
Meisha Lowe
Alexandra Madsen
Richard Marsh
Geneana Martineau
Christy McCombs
Tessa McCullough
Jessica McCusker
Kendall McNalley
Ann Meyers
Ryan Mitchell
Chelsea Montgomery
Chris Moore
Kortney Mortensen
Heather Mueller
Brenda Murray
Melinda Norville
Mark Olsen
Miranda Orullian
Miquete Packer
John Peck
Shelli Preece
Cheryl Prochet
Jenny Prows
Tysha Randall
Megan Riel
Andres Rivera
Celeste Rodriguez
Mathew Romer
Elgin Saafi
Sara Salazer
Jennifer Sheffer
Tamra Short
Jessica Silva

Samantha Smith
Skydawn Smoot
Krista Stout
Ryan Stowell
Jennifer Su'a
Kelly Sumsion
Tamara Tanner
Tiera Thornton
Katelyn Toney
Robert Vallejos
Laura Vongermeten
David Wilson
Dorrelyn Young

September 2014

Aaron Anderson
Rebecca Cobb
Kimberly Davis

October 2014

Emily Almiron
Marina Bair
AnnaMarie Beck
Glenn Belnap
Brayden Bentley
Katherine Bigelow
Lora Boden
Megan Borja
Brittney Brown
Janean Brown
William F.M. Bryan
Sarah Bullock
Michelle Burditt
Melissa Burns
Allison Burton
Jessie Custer
Leah Dahle
Melisa Davis
Jennifer de la Rosa
Melinda Diaz
Kristine Emanuelson
Christhofer Farfan
Brianna Francom
Stephanie Fredricksen
Lehulani Fu
Ethan Harter
Angela Hiskey
Haley Hiskey
Terry Hogan

Thomas Hrabak
Courtney Isaac
Christopher Johnson
Jennifer Johnson
Cara Larson
Anthony Larson
Robert LaSalle
Kryer Lee
Katelyn Toney
Makayla Lowe
Melanie Lutz
Sabrina Lyle
Vanessa Morales
Joseph Muse
Alexis Newell
Wandalay Noravong
Annalicia Oborn
Molly Owens
Michaela Park
Michael Perry
Megan Peterson
Jennifer Peterson
Michael Portal
Makayla Porter
Julie Poulson
Kazier Raja
Beau Rasmussen
Patricia Rawlings
Audry Rhoades
Kimberly Rocha
Virginia Rodriguez
Karla Roice
Kimberly Romero
Jordan Sanford
Antoinette Sharfner
Theresa Sorenson
Linda Soumpholphkdy
Meg Sutton
Phoebe Taylor
Gloriany Tellez
Evelyn Thomas
George Thompson
Mairta Thompson
Lorin Thompson
Anthony Trujillo
Alexia Wallace-Hatch
Jennifer Williams
Wei Zhang

utah chapter amta 2014-2015 **proposed budget**

Projected Income	Projected for 2014-2015	Projected for Mar 2015 to Feb 28, 2016
Education Workshops	7,761	14,980
Interest and Dividends	69	0
Member Dues	19,289	18,297
Newsletter - Advertising	200	0
Sports Team	0	0
State Convention	9,250	15,700
Reserves	15,000	6,000
TOTAL INCOME	51,569	54,978
Awards	225	250
BOD Statagic Planning Meeting	2,300	1,550
Chapter Volunteer Orientation	250	200
Education Workshops	9,500	13,410
Expansion/Recruiting	1,307	470
Government Relations	10,000	9,000
Insurance Bond	250	250
MassageTherapy Foundation Donation	750	700
Membership	3,950	2,860
MERT	0	0
Misc./Petty Cash	500	250
National Convention/ Presidents Meetings	4,206	4,749
Newsletter	2,110	900
Office Assistant	1,014	1,200
Presidents Meeting	1,060	1,500
Sports Team	0	0
State Convention	10,955	16,900
Supplies/Postage/Copies	650	0
Telephone	0	0
Website	2,542	1,200
TOTAL EXPENSES	51,569	55,389
PROJECTED RESERVE	0	-411

american massage therapy association utah chapter **leadership roster**

November, 2014

board of directors

President 801-209-4103	Robyn Ryther rryther@comcast.net
Imm. Past President 801-916-8752	Roger Olbrot rmolbrot@usa.net
1st Vice President 801-573-7382	Jennifer Hanna jzpenergy@yahoo.com
2nd Vice President	Vacant
3rd Vice President 801-763-9417	Brenda Swadley master_touch_message@hotmail.com
Treasurer	Vacant
Secretary 801-560-7370	Kirk Jorgensen kjor58@gmail.com

elected delegates

2013-2014 801-566-1422	Stephanie Jackson stephjackson@hushmail.com
2014-2015 801-763-9417	Brenda Swadley master_touch_message@hotmail.com
Alternate 2014 801-485-7887	Susan DeLegge s.delegge@comcast.net

2014 chapter meritorious award winner

Carolyn Redington

appointed positions

Awards Chair 801-763-9417	Brenda Swadley master_touch_message@hotmail.com
Commission on Candidacy 801 529-7315	Corey Christensen corey@sacredcovmassage.com
Convention Chair 801 492-6773	Lynette Taylor taylor.lynette.h@gmail.com
Education Chair 801 492-6773	Lynette Taylor taylor.lynette.h@gmail.com
Finance Chair 801-763-9417	Brenda Swadley master_touch_message@hotmail.com
Gov't Relations Chair 801-560-7370	Kirk Jorgensen kjor58@gmail.com
Member At Large 801-589-7291	Ivan Thompson amtincij@yahoo.com
Membership Chair 801-661-7602	Carolyn Redington bodybasics2@msn.com
Newsletter Editor 801-661-7602	Carolyn Redington bodybasics2@msn.com
Office Assistant 801-661-7602	Carolyn Redington bodybasics2@msn.com
Parliamentarian 801-589-7291	Ivan Thompson amtincij@yahoo.com
Sports Massage Team 801-573-7382	Jennifer Hanna jzpenergy@yahoo.com
Standing Rules Chair 801-485-7887	Susan DeLegge s.delegge@comcast.net
Student Outreach Coord. 801-870-8229	Lisa Moen bodyworkersetc@comcast.net
Website Coordinator 801-560-7370	Kirk Jorgensen kjor58@gmail.com